32nd ANNUAL
NATIONAL ATHLETIC TRAINERS ASSOCIATION
CLINICAL SYMPOSIUM & WORKSHOP

JUNE 7-10, 1981
TARRANT COUNTY CONVENTION CENTER
FORT WORTH, TEXAS
Dear N.A.T.A. Members and Guests:

District 6 and Fort Worth would like to extend a gigantic welcome to the 32nd Annual N.A.T.A. Clinical Symposium and Workshop at the Tarrant County Convention Center. We hope you enjoy your stay here as much as we enjoy living here in Texas and Arkansas. We have striven to match the great N.A.T.A. meetings of the past and to improve the standard of our professional meeting. We have put together what we feel is an exceptionally professional and excellent program. The topics are of great interest to our profession and the speakers are of the highest caliber and are outstanding public speakers.

The entertainment program has combined the best of the Old West with the best of the New West. We would like to take this opportunity to thank the sponsors of these social events and urge you to continue to support them. We also urge you to patronize our exhibitors. Without them, our meeting would not be possible.

We sincerely wish you the warmest of welcomes and hope you have the most informative, productive and fun meeting ever.

Aubry Fisk
President, S.W.A.T.A.
Cash Birdwell
Director, District 6

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### COMMITTEE & BUSINESS MEETINGS

**BOARD OF DIRECTORS**  
Hyatt Hotel, Continental Room  
Thursday, June 4 — 8:00 A.M. until  
Wednesday, June 10 — 12:00 Noon

**PROFESSIONAL EDUCATION COMMITTEE**  
Hilton Hotel, Jackson Square  
Wednesday, June 3 — 8:00 A.M. - 12:00 Midnight  
Thursday, June 4 — 8:00 A.M. - 12:00 Midnight  
Friday, June 5 — 8:00 A.M. - 12:00 Midnight  
Saturday, June 6 — 8:00 A.M. - 12:00 Noon

**PROGRAM DIRECTORS COUNCIL**  
Hilton Hotel, Times Square West  
Saturday, June 6 — 12:00 Noon - 4:00 P.M.

**CURRICULUM VISITATION TEAM**  
Hilton Hotel, Times Square West  
Saturday, June 6 — 4:00 P.M. - 6:00 P.M.

**CONTINUING EDUCATION UNIT COMMITTEE**  
Hilton Hotel, Jackson Square  
Sunday, June 7 — 12:00 Noon - 3:00 P.M.

**CERTIFICATION COMMITTEE**  
Hilton Hotel, Alamo Chapparrell  
Thursday, June 4 — 8:00 P.M. - 12:00 Midnight  
Friday, June 5 — 8:00 P.M. - 12:00 Midnight

**JOURNAL COMMITTEE**  
Hyatt Hotel, Texas Ballroom A  
Saturday, June 6 — 1:00 P.M. - 5:00 P.M.

**ETHICS COMMITTEE**  
Hyatt Hotel, Tarrant Room  
Sunday, June 7 — 5:30 P.M. - 7:30 P.M.

**PLACEMENT COMMITTEE**  
Hyatt Hotel, Texas Ballroom A  
Monday, June 8 — 9:00 A.M. - 12:00 Noon

**STATE LICENSURE COMMITTEE**  
Hyatt Hotel, Texas Ballroom B  
Monday, June 8 — 12:00 Noon - 2:00 P.M.

**JOINT COMMISSION ON SAFEGUARDS IN ATHLETICS**  
Metro Convention Center, Ballrooms A & B  
Saturday, June 6 — 8:30 A.M. - 5:00 P.M.  
Sunday, June 7 — 8:30 A.M. - 12:00 Noon

**N.F.L. TRAINERS**  
Hyatt Hotel, Texas Ballroom C  
Saturday, June 6 — 7:30 A.M. - 6:00 P.M.  
Sunday, June 7 — 8:00 A.M. - 12:00 Noon (C&D)

**N.F.L. PHYSICIANS**  
Hyatt Hotel, Texas Ballroom D  
Saturday, June 6 — 7:30 A.M. - 6:00 P.M.  
Sunday, June 7 — 8:00 A.M. - 12:00 Noon (C&D)

**STUDENT TRAINER BANQUET**  
Hilton Hotel — Heritage Ballroom  
Sunday, June 7 — 6:30 P.M.

**ANNUAL AWARDS BANQUET**  
Tarrant County Convention Center — Arena Floor  
Tuesday, June 9 — 7:30 P.M.

**N.A.T.A. OFFICE & CONVENTION OFFICE**  
Tarrant County Convention Center  
Friday, June 5 — 8:00 A.M. - 5:00 P.M.

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**PRESS ROOM**  
Tarrant County Convention Center — Theatre Ticket Office  
Saturday, June 6 — 8:00 A.M. - 5:00 P.M.  
Sunday, June 7 — 8:00 A.M. - 6:00 P.M.  
Monday, June 8 — 8:00 A.M. - 6:00 P.M.  
Tuesday, June 9 — 8:00 A.M. - 5:00 P.M.  
Wednesday, June 10 — 8:00 A.M. - 12:00 Noon

**EXHIBIT HOURS**  
Tarrant County Convention Center — Center Bay  
Sunday, June 7 — 8:00 A.M. - 4:00 P.M. (Exhibit Installation)  
Monday, June 8 — 8:30 A.M. - 5:00 P.M.  
Tuesday, June 9 — 8:30 A.M. - 5:00 P.M.  
Wednesday, June 10 — 8:30 A.M. - 12:00 Noon

**REGISTRATION (HOTELS) — FOR PRE-REGISTERED EARLY ARRIVALS**  
Hotel Lobby  
Saturday, June 6 — 2:00 P.M. - 5:00 P.M.

**REGISTRATION**  
Tarrant County Convention Center — Front Foyer  
Saturday, June 6 — 12:00 Noon - 6:00 P.M.  
Sunday, June 7 — 8:00 A.M. - 6:00 P.M.  
Monday, June 8 — 8:00 A.M. - 6:00 P.M.  
Tuesday, June 9 — 8:00 A.M. - 5:00 P.M.

**CERTIFICATION EXAM**  
Hilton Hotel, Times Square East  
Saturday, June 6 — 8:00 A.M. - 5:00 P.M.

**NATIONAL BUSINESS MEETING**  
Tarrant County Convention Center — North Bay  
Monday, June 8 — 11:00 A.M. - 1:00 P.M.

**DISTRICT MEETINGS**  
1 & 2  
Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center — A-141

3  
Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center—A-297

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Sunday, June 7 — 5:00 P.M. - 7:00 P.M.  
Hilton Hotel, Times Square East & West  
Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center —  
South Bay, Front

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Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center — A-128

6  
Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center — North Bay

7  
Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center — A-243

8  
Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center — A-262

9  
Saturday, June 6 — 5:00 P.M. - 7:00 P.M.  
Hilton Hotel, Chapparrell  
Monday, June 8 — 4:30 P.M.-6:00 P.M.  
Tarrant County Convention Center — A-277

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Monday, June 8 — 4:30 P.M. - 6:00 P.M.  
Tarrant County Convention Center —  
South Bay, Back
ENTERTAINMENT
SUNDAY, JUNE 7
Six Flags Over Texas — 10:00 A.M.
Information available at Entertainment Desk
Transportation provided by Seattle Seahawks

Student Trainer Banquet — 6:30 P.M.
Hilton Hotel, Heritage Ballroom

Women Athletic Trainers’ Cocktail Party
[By Invitation Only]
Hilton Hotel, Heritage Ballroom
Sponsored by Nutriment

MONDAY, JUNE 8
Wives’ Reception & Shopping Tour —
9:30 A.M. — 12:00 Noon
Americana Hotel, West I & II
Sponsored by N.A.T.A.

N.F.L. Reception — 6:00 P.M. — 8:00 P.M.
[By Invitation Only]
Hilton Hotel, Heritage Ballroom
Sponsored by National Football League

TUESDAY, JUNE 9
F.C.A. Breakfast — 7:00 A.M. — 8:30 A.M.
Hilton Hotel, Chapparrell
Tickets available at Entertainment Desk
Sponsored by Max Pro

President’s Reception for Honorees —
6:15 P.M. — 7:15 P.M.
[By Invitation Only]
Hyatt Hotel, Texas Ballroom A & B
Sponsored by Parke-Davis

J&J Cocktail Party — 6:30 P.M. — 7:30 P.M.
[Admission by Banquet Ticket Only]
Tarrant County Convention Center—Arena Floor
Sponsored by Johnson & Johnson

N.A.T.A. Annual Awards Banquet — 7:30 P.M.
Tarrant County Convention Center — Arena Floor
Tickets available at Registration Desk
Dress: Very casual — western apparel
Country-western dance to follow

INFORMATION AND TICKETS ARE AVAILABLE AT
THE ENTERTAINMENT DESK FOR A VARIETY
OF FORT WORTH FUN EVENTS, INCLUDING:

Texas Ranger Baseball Games
Forth Worth Stock Yards
Western Museum

CONTINUING EDUCATION PROGRAM
SUNDAY, JUNE 7, 1981

Hyatt Hotel — Grand Ballroom

Session 1 — 9:00 A.M. — 12:00 Noon
Motivation in Sports
Bill Stanley

Session 2 — 9:00 A.M. — 12:00 Noon
Ophthalmology & the Athletic Trainer
Sports Injuries to the Eye
John Zerdecki, M.D.

Session 3 — 9:00 A.M. — 12:00 Noon
Gynecology & the Athletic Trainer
Injuries Relating to the Female Athlete
Don Smith, M.D.

LUNCH

SCHERING SYMPOSIUM — 2:00 P.M. — 5:00 P.M.
Tarrant County Convention Center — Theatre

Enigmas of the Anterior Cruciate Ligament
Vince DiStefano, M.D., Team Physician,
Philadelphia Eagles

Non-Operative Soft Tissue Injuries of the Knee
Pat Evans, M.D., Team Physician, Dallas Cowboys
and Dallas Mavericks

The Athlete’s Foot
Jack H. Henry, M.D., San Antonio, Texas

Groin & Hamstring Injuries
Paul Casperson, M.D., Santa Ana, California
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<th>Location</th>
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<td>9:00 - 9:45 A.M.</td>
<td>KEYNOTE ADDRESS</td>
<td>Tom Wilson, A.T.C., Head Athletic Trainer</td>
<td>North Bay</td>
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<td>9:45 - 10:00 A.M.</td>
<td>INITIAL TRANSPORTATION OF A SEVERELY INJURED ATHLETE</td>
<td>&quot;Skip&quot; Cox, A.T.C., Athletic Trainer</td>
<td>North Bay</td>
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<td>10:00 - 10:15 A.M.</td>
<td>VISIT EXHIBITS</td>
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<td>10:15 - 11:00 A.M.</td>
<td>NATIONAL BUSINESS MEETING</td>
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<td>2:00 - 2:30 P.M.</td>
<td>CONDITIONING IN PRE-SEASON PRACTICE</td>
<td>Bobby Lane, A.T.C., Athletic Trainer</td>
<td>South Bay</td>
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<td>2:30 - 3:00 P.M.</td>
<td>THE USE OF ACUPUNCTURE TECHNIQUES IN SPORTS</td>
<td>S. Jim Montgomery, M.D.</td>
<td>South Bay</td>
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<td>3:00 - 3:30 P.M.</td>
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<td>3:30 - 4:15 P.M.</td>
<td>GAMBLING IN COLLEGIATE SPORTS AS IT RELATES TO THE ATHLETIC TRAINER</td>
<td>Hale McMenamin, Assistant Director of Enforcement</td>
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DISTRICT MEETINGS
[All meetings in Tarrant County Convention Center]
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- 5 A-128

MONDAY, JUNE 8, 1981
SOUTH BAY

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<th>Speaker(s)</th>
<th>Location</th>
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<tr>
<td>9:00 - 9:45 A.M.</td>
<td>THE USE OF EFFECTIVE THERAPEUTIC MASSAGE IN THE TREATMENT OF ATHLETIC INJURIES</td>
<td>Rebecca Bludau, A.T.C., L.A.T., Athletic Trainer</td>
<td>South Bay</td>
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<tr>
<td>9:45 - 10:00 A.M.</td>
<td>THE USE OF EGS AS A DIAGNOSTIC &amp; TREATMENT TOOL FOR ATHLETIC INJURIES</td>
<td>Bernie LaReau, A.T.C., Athletic Trainer, San Antonio Spurs, San Antonio, Texas</td>
<td>South Bay</td>
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<tr>
<td>10:00 - 10:15 A.M.</td>
<td>VISIT EXHIBITS</td>
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<td>10:15 - 11:00 A.M.</td>
<td>LUNCH</td>
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<td>1:00 - 2:00 P.M.</td>
<td>FREE COMMUNICATIONS</td>
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<td>2:00 - 2:15 P.M.</td>
<td>Hamstring Rehabilitation Program</td>
<td>Kenneth F. Kladnik, University of Idaho</td>
<td>South Bay</td>
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<td>2:15 - 3:30 P.M.</td>
<td>An Electromyographic Analysis of the Effectiveness of Heat or Cold and Stretching for Inducing Muscular Relaxation</td>
<td>William E. Prentice, Jr., MD, University of North Carolina</td>
<td>South Bay</td>
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<td>3:30 - 4:00 P.M.</td>
<td>Survey of Florida Public High Schools’ Needs for Certified Athletic Trainers</td>
<td>James Madaleno, Florida State University</td>
<td>South Bay</td>
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<td>4:00 - 4:30 P.M.</td>
<td>Effects of Ice Massage and Its Relationship to the Frequency of Hand Ripping on Uneven Parallel Bars Competitors</td>
<td>Sally Strassburger, University of Georgia</td>
<td>South Bay</td>
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<td>4:30 - 6:00 P.M.</td>
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- 8 A-262
- 9 A-277
- 10 South Bay - Back
### NORTH BAY

**9:00 - 9:45 A.M.**
**Physiological Consequences of Deconditioning & Retraining**
Robert Patton, Ph.D., Professor of P.E./Physiology
North Texas State University, Denton, Texas

**9:45 - 10:15 A.M.**
**Hamstring Injuries: Recognition, Management & Rehabilitation**
Ken Locker, A.T.C., Assistant Athletic Trainer
Dallas Cowboys, Dallas, Texas

**10:15 - 10:45 A.M.**
**Visit Exhibits**

**10:45 - 11:15 A.M.**
**Evaluation of Knee Injuries By the Trainer**
John Gunn, M.D., Orthopedic Surgeon
Baylor Medical Plaza, Dallas, Texas

**11:15 - 12:00 Noon**
**Arthroscopic Surgery of the Knee**
Thurston Dean, M.D.
Midland, Texas

**12:00 - 1:30 P.M.**
**Lunch**

**1:30 - 2:15 P.M.**
**Ankle Injuries**
J. Pat Evans, M.D., Team Physician, Dallas Cowboys-Dallas Mavericks, Sports Medicine Clinic of North Texas. Associate Clinical Professor of Orthopedic Surgery, University of Texas Medical School-Southwestern, Dallas, Texas

**2:15 - 2:45 P.M.**
**Rehabilitation of Ankle Injuries**
Sports Medicine Clinic of North Texas, Dallas, Texas

**2:45 - 3:15 P.M.**
**Visit Exhibits**

**3:15 - 4:00 P.M.**
**Aerobic Conditioning as it Relates to Team Sports**
Larry W. Gibbons, M.D., Director
The Cooper Clinic, Dallas Texas

**4:00 - 4:30 P.M.**
**Shoulder Injuries**
Louis Levy, M.D.
Fort Worth, Texas

### SOUTH BAY

**9:00 - 9:45 A.M.**
**Licensing of the Athletic Trainer**
Texas Advisory Board of Athletic Trainers
Al Wilson, Chairman
Logan Wood, Vice Chairman
Spanky Stephens, Secretary-Treasurer
Allen Eggert, Executive Secretary
Billy Pickard
Louis Grevelle

**9:45 - 10:15 A.M.**
**Hand Injuries**
Dennis L. Hart, A.T.C., Athletic Trainer
North Mesquite High School, Mesquite, Texas

**10:15 - 10:45 A.M.**
**Visit Exhibits**

**10:45 - 11:15 A.M.**
**Basic Treatment of Myo-Fascial Strains & Sprains**
Wayne English, D.O., Professor & Chairman
Department of Rehabilitation & Sports
North Texas State University
Texas College of Osteopathic Medicine
Denton, Texas

**11:15 - 12:00 Noon**
**High School Budget Problems**
Douglas Gibbons, A.T.C., Head Athletic Trainer
Highland Park High School, Mesquite, Texas
Eddie Lane, A.T.C., L.A.T., Head Athletic Trainer
Dallas Independent School District, Dallas, Texas

**12:00 - 1:30 P.M.**
**Lunch**

**1:30 - 2:15 P.M.**
**"Astro-Toe" — The Significance, Care & Prevention of Injuries to the First Toe**
Dean Weber, A.T.C., Head Athletic Trainer
University of Arkansas, Fayetteville, Arkansas

**2:15 - 2:45 P.M.**
**The Trainer and His Team Doc**
James A. Bowden, M.D., Team Physician
Baylor University, Waco, Texas

**2:45 - 3:15 P.M.**
**Visit Exhibits**

**3:15 - 4:00 P.M.**
**Use of the Arthroscope in Joints Other Than the Knee**
Robert D. Vandermeer, M.D., Orthopedic Consultant
Southern Methodist University, Dallas, Texas

**4:00 - 4:30 P.M.**
**Paper Work vs. People Work**
Jerry Rhea, A.T.C., Trainer
Atlanta Falcons, Atlanta, Georgia
PROGRAM PLANNER

SUNDAY, JUNE 7

9:00 – 12:00 Noon
Schering Symposium

2:00 – 5:00 P.M.

MONDAY, JUNE 8

9:00 – 9:45 A.M.
Keynote Address

9:45 – 10:30 A.M.
Visit Exhibits

10:15 – 10:45 A.M.
National Business Meeting

10:30 – 11:00 A.M.
LUNCH

11:00 – 1:00 P.M.

TUESDAY, JUNE 9

9:00 – 9:45 A.M.
Visit Exhibits

9:45 – 10:15 A.M.

10:15 – 10:45 A.M.

10:45 – 11:15 A.M.

11:15 – 12:00 Noon
LUNCH

1:30 – 2:15 P.M.

2:15 – 2:45 P.M.

2:45 – 3:15 P.M.

3:15 – 4:00 P.M.

4:00 – 4:30 P.M.

6:30 – 7:30 P.M.

7:30 P.M.

WEDNESDAY, JUNE 10

9:00 – 9:45 A.M.

9:45 – 10:15 A.M.

10:15 – 11:00 A.M.

11:00 – 11:30 A.M.
CONVENTION COMMITTEE

FORT WORTH COMMITTEE

Ross Bailey, Host Trainer
Texas Christian University
Cash Birdwell
Convention Chairman
Southern Methodist University
Ron Rouden, Student Trainer
Banquet Chairman
Fort Worth Independent School District
Jim Pippin, Professional Trainers Honor
Awards Banquet Chairman
Fort Worth Independent School District
John Porche, Student Program
North Texas State University
Paul Branson,
Clinical Symposium
Abilene Cooper High School
Ross Bailey, Publicity
Texas Christian University
Al Wilson,
President's Reception
Killeen High School
Herb Kensing,
Information Desk
L.D. Bell High School
Monty Montgomery,
Information Desk
Lakeview High School
Doug Gibbons,
Convention Office
Highland Park High School
Les Bradley, Student
Housing/Transportation
Crowley High School

Mike Freer, Symposiams
Richmond University
Billy Pickard, Host Trainer
Texas A&M University
Larry Gardner, Registration
Sports Medicine Clinic
of North Texas
James Dodson,
Banquet Chairman
Midland High School
Bobby Lane,
Entertainment Chairman
University of Texas at Arlington
John Barnett,
Clinical Symposium
Waco Independent School District
Skip Cox, Symposiams
Baylor University
Ken Murray,
President's Reception
Texas Tech University
Dennis Hart, N.A.T.A. Office
North Mesquite High School
Mike Baker, Information Desk
Garland High School
Carol Montgomery
North Garland High School
Aubry Fisk, F.C.A. Breakfast
Trinity High School
Kaye Cosby, Wives' Breakfast
Texas Tech University
Tom Tacker, Symposiams
Clear Creek High School

NATIONAL COMMITTEE

Fred Hoover, Chairman
Clemson University
Glen Johnson
West Virginia University
John "Skip" Pickering
University of Illinois

Tim Kerin
University of Tennessee
Dean Weber
University of Arkansas
Mayfield Armstrong
Nicholls State University
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William H. Chambers
Fullerton Junior College
Department of Athletics
Fullerton, Cal. 92634

EXECUTIVE DIRECTOR
Otho Davis
Philadelphia Eagles
Veterans Stadium
Philadelphia, Pa. 19148

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Hayward, Cal. 94542

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Eastern Kentucky University
Richmond, Kentucky 40475

District 10
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Boise State University
Boise, Idaho 83725

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Geneva, New York 14456

District 2
Joseph Abraham
Hobart College
Geneva, New York 14456

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Salisbury State College
Salisbury, Maryland 21801

District 4
Patricia Troesch
Miami University
Oxford, Ohio 45056

District 5
Sandy Miller
Northwest Missouri State U.
Maryville, Missouri 64468

District 6
James Dodson
Midland High School
Midland, Texas 79701

District 7
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University of
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Greeley, Colorado 80639

District 8
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San Jose State University
San Jose, California 95192

District 9
Doug May
Mississippi University
for Women
Columbus, Mississippi 39701

District 10
Mark J. Smaha
Washington State University
Pullman, Washington 99164

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Career Information & Services — Charles Demers
Certification — Paul Grace
Drug Education — John Wells
Ethics — L.F. "Tow" Diehm
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History and Archives — Mike O'Shea
Honor Awards — George Sullivan
International Games — Lewis Crowl
Journal — Ken Wolfert
Membership — Bruce Melin
Memorial Resolutions — Jim Rudd
National Convention — Fred Hoover
Placement — Craig Sink
Professional Education — John Shrader
Research and Injury — John Powell