35TH ANNUAL
NATIONAL ATHLETIC TRAINERS ASSOCIATION
• CLINICAL SYMPOSIUM & WORKSHOP

JUNE 10-13, 1984
OPRYLAND HOTEL
NASHVILLE, TENNESSEE
Dear N.A.T.A. Members and Guests:

It is with the greatest of pleasure and pride that we welcome you to District 9, the great State of Tennessee, and Music City, U.S.A. The local committee, in cooperation with the National Symposium & Workshop committee, under the direction of Fred Hoover, feels that we have put together the most memorable program and entertainment package of all the 35 annual meetings.

The program for this year’s meeting consists of the finest speakers and topics the Southeast has to offer, and with the addition of the American Orthopaedic Society for Sports Medicine Symposium on Sunday morning and the spouses’ program, our meeting should be most educational and informative. The entertainment package is an exciting one and just a sampling of the sights and sounds of Nashville. Opryland, the State Capitol, the Hermitage, the Parthenon, the Country Music Hall of Fame, the Grand Ole Opry, and many, many other attractions will make this a memorable visit for you and your family.

We would like to thank Bobby Barton and Otho Davis, without whose help this meeting would not have been possible. We also want to express our appreciation to the National Symposium & Workshop committee, and in particular, Fred Hoover, for their many dedicated hours of help in preparing for this meeting. Finally, and most of all, a great deal of recognition and gratitude must be given to our colleagues in District 9, and in particular, the members of the local committee.

This meeting is planned to give you the best in education, entertainment, and good old fashioned Southern hospitality. We hope you enjoy our efforts as much as we have enjoyed working for you. We ask you to visit the exhibit area and to thank the sponsors of our scholarships and social events. Please continue to patronize all of our exhibitors, for without their help, our annual meeting would not be possible.

Come back and see us again, y’all hear!

Dan Campbell
Host Trainer

Jerry Rhea
Director, District 9

Jack Redgren
Host Trainer
## COMMITTEE & BUSINESS MEETINGS

### BOARD OF DIRECTORS
Opryland Hotel, John Sevier Room  
Thursday, June 7-6:00 p.m. until  
Wednesday, June 12-12:00 Noon

### NATIONAL BUSINESS MEETING
Opryland Hotel, Ryman A  
Monday, June 11-11:00 a.m.-1:00 p.m.

### DISTRICT MEETINGS
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<tr>
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<th>Date</th>
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<tr>
<td>1</td>
<td>Monday, June 11</td>
<td>4:30 p.m.-6:00 p.m.</td>
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<td>2</td>
<td>Tuesday, June 11</td>
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<td>3</td>
<td>Wednesday, June 12</td>
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### EXHIBIT HOURS
Ryman Exhibit Hall  
Monday, June 11-12 | 8:00 a.m.-5:00 p.m.

### VISIT THE EXHIBITORS!!—THEY SPONSOR OUR MEETING!

### PRESS ROOM
Ryman Foyer-Chickasaw A  
Monday, June 11-12 | 8:00 a.m.-5:00 p.m.

### AUDIO-VISUAL AIDS COMMITTEE PREVIEW ROOM
(Open to all in attendance at Nashville)  
Make arrangements with Registration Desk.

### COMMITTEE CHAIRPERSON BREAKFAST MEETING
Cheekwood Room  
Sunday | 8:00 a.m.-10:00 a.m.

### CERTIFICATION COMMITTEE MEETING
Johnson Room  
Monday, June 11 | 7:00 a.m.-8:30 a.m.

### N.A.T.A. LIAISON REPRESENTATIVES
Natchez B Room  
Sunday, June 10 | 2:00 p.m.-4:00 p.m.

### CONTINUING EDUCATION UNIT COMMITTEE
Volunteer Room  
Sunday, June 12 | 12:00 Noon-6:00 p.m.

### ETHICS COMMITTEE
Shiloh Room  
Saturday, June 9 | 12:30 p.m.-2:30 p.m.
JOURNAL COMMITTEE
Natchez A Room
Sunday, June 10 1:00 p.m.-5:00 p.m.

PLACEMENT COMMITTEE
Appalachian Room
Sunday, June 10 3:00 p.m.-5:00 p.m.

PROFESSIONAL EDUCATION COMMITTEE
Volunteer Room
Wednesday, June 6 6:00 p.m.
until Saturday, June 9 12:00 Noon

ATHLETIC TRAINING EDUCATORS WORKSHOP
Cherokee Room
Saturday, June 9 12:00 Noon-6:00 p.m.

CURRICULUM VISITATION MEETING
Cherokee Room
Saturday, June 9 10:00 a.m.-12:00 Noon

STATE LICENSURE COMMITTEE
Natchez Room
Tuesday, June 12 12:00 Noon-1:30 p.m.

AUXILIARY MEETINGS

N.F.L. TRAINERS
James Robertson A
Saturday, June 9 8:00 a.m.-6:00 p.m.
Sunday, June 10 8:00 a.m.-12:00 Noon

N.F.L. PHYSICIANS
James Robertson B
Saturday, June 9 8:00 a.m.-6:00 p.m.
Sunday, June 10 8:00 a.m.-12:00 Noon

N.B.A. TRAINERS
Appalachian Room
Friday, June 8 (Board of Directors)
James Robertson C
Saturday, June 9 8:00 a.m.-6:00 p.m.
Sunday, June 10 8:00 a.m.-6:00 p.m.

JOINT COMMISSION ON SAFEGUARDS IN ATHLETICS
Polk Room
Saturday, June 9 8:30 a.m.-6:00 p.m.
Sunday, June 10 8:00 a.m.-12:00 Noon

SPORTS MEDICINE CLINIC TRAINERS AND THERAPISTS
Cumberland A
Saturday, June 9 1:00 p.m.-6:00 p.m.

BIG 10 TRAINERS ASSOCIATION
Cherokee Room
Monday, June 11 2:00 p.m.-4:00 p.m.

N.A.I.A. TRAINERS ASSOCIATION
Cherokee Room
Monday, June 11 1:30 p.m.-4:00 p.m.

WOMEN'S ATHLETIC TRAINERS CONFERENCE
James Robertson AB
Sunday, June 10 7:30 p.m.-9:30 p.m.

SPOUSES' PROGRAM
See separate programs brochure

ENTERTAINMENT

SATURDAY, JUNE 9
OPRYLAND-'THE HOME OF AMERICAN MUSIC'
2 day ticket-$14.40. Tickets available at Entertainment Desk in Ryman Foyer.

GRAND OLE OPRY-3:00 p.m.-Special performance for N.A.T.A., Inc.

AN EVENING WITH THE DENVER BRONCOS
9:00 p.m.-12:00 Midnight-Tennessee Ballroom
Sponsor: Denver Broncos
Music by Jacky Ward

SUNDAY, JUNE 10
OPRYLAND-'THE HOME OF AMERICAN MUSIC'
2 day ticket-$14.40. Tickets available at Entertainment Desk in Ryman Foyer.

SPOUSES' PROGRAM
Aerobic Dance as a Conditioner
9:00 a.m.-1:00 Noon-Adams Room
$15.00 Registration Fee-Tickets available at Registration Desk

STUDENT TRAINER BANQUET
5:00 p.m.-Memphis Ballroom
Sponsor:
Tickets at Registration Desk

MONDAY, JUNE 11
SPOUSES' PROGRAM
9:00 a.m.-11:00 a.m.-Belle Meade Room
Program information available at Registration Desk

N.F.L. COCKTAIL PARTY
6:30 p.m.-8:00 p.m.-Presidential Ballroom
Sponsor: National Football League
By Invitation Only

TUESDAY, JUNE 12
F.C.A. BREAKFAST
7:30 a.m.-Jefferson B Room
Sponsor: Coca-Cola
Tickets available at Registration Desk
JOHNSON & JOHNSON COCKTAIL PARTY  
6:15 p.m.-7:15 p.m.-Tennessee Ballroom  
Sponsor: Johnson & Johnson Company  
Admission by Awards Banquet Ticket  
N.A.T.A., INC. AWARDS BANQUET  
7:30 p.m.-10:00 p.m.- Presidential Ballroom  
Tickets available at Registration Desk  
(Dress: Casual-Western Attire)  
Dance & dance contest to follow with music by the Maines Brothers  
Information & tickets available at the Entertainment Desk for a variety of Nashville Area fun events, including: Opryland, The Hermitage, The Parthenon, the Grand Ole Opry, Riverboat Cruises, and Twitty City.  
Shuttle buses provided by Seattle Seahawks.  

SUNDAY, JUNE 10, 1984  
N.A.T.A., Inc. PROFESSIONAL EDUCATION COMMITTEE WORKSHOPS  

Members may register to attend one of three 3-hour workshop sessions. The workshop intensive study sessions are as follows:  

SESSION 1- 9:00 a.m.-12:00 Noon-Washington  
1st Annual American Orthopaedic Society for Sports Medicine Symposium  
ANKLE INJURIES  
Robert L. Brand, M.D., Augusta, Georgia  
Joseph O'Connor, M.D., West Orange, New Jersey  
Jay Cox, M.D., U.S. Naval Academy, Anapolis, Maryland  
Steve Hunter, M.D., Hughston Orthopaedic Clinic, Columbus, Georgia  
William T. Youmans, M.D., University of Tennessee, Knoxville, Tenn.  
Tab Blackburn, R.P.T., A.T., C., Columbus, Georgia  
James R. Andrews, M.D., Hughston Orthopaedic Clinic, Columbus, Ga.  

SESSION 2- 9:00 a.m.-12:00 Noon-Adams  
AEROBIC DANCE AS A CONDITIONER  
Melanie Doyle, Exercise and Fitness Director, Center for Community Health, Knoxville, Tennessee  

SESSION 3- 9:00 a.m.-12:00 Noon-Memphis  
PRE-PARTICIPATION EVALUATION  
Robert L. Rubright, M.D., Team Physician  
University of Tennessee, Knoxville, Tennessee  
Gary Hopkins, M.D., Team Physician  
University of Mississippi, Oxford, Mississippi  
Michael Best, M.D., Orthopaedic Surgeon, New Albany, Indiana  
Gerald Bell, A.T.C., Athletic Trainer, University of Illinois, Champaign, Illinois  

LUNCH  
SCHERING SYMPOSIUM-2:00 -5:00 p.m.  
Washington-Adams  
HEAT ILLNESS & THE ATHLETE  
Vincent J. DiStefano, M.D.—Moderator  
Team Physician, Philadelphia Eagles  
HEAT PROBLEMS IN ATHLETES  
Robert Murphy, M.D., Associate Professor of Preventive Medicine, Ohio State University College of Medicine, Head Team Physician, Ohio State University, Columbus, Ohio  
IMPACT OF HYDRATION & ENERGY INTAKE ON ATHLETIC PERFORMANCE  
Arthur Hecker, Ph.D., Adjunct Professor of the Human Performance Laboratory at Ohio State University, Columbus, Ohio  
HOSPITAL TREATMENT & MANAGEMENT OF THE HEAT ILLNESS SYNDROMES IN ATHLETES  
Michael J. Davidson, M.D., Chairman, Department of Emergency Medicine, Germantown Hospital & Medical Center, Clinical Assistant Professor of Medicine at the Temple University School of Medicine, Philadelphia, Pa.
MONDAY, JUNE 11, 1984

RYMAN A

8:30-8:45 a.m. WELCOME ADDRESS
Bobby Barton, N.A.T.A., Inc.
President
Jerry Rhea, Director, District 9
Dan Campbell, Host Trainer
Jack Redgren, Host Trainer

8:45-9:30 a.m. IT'S THEIR INJURY-NOT YOURS
Joe Gieck, Ed.D., A.T.C., R.P.T.,
Head Trainer
University of Virginia,
Charlottesville, Virginia

9:30-10:00 a.m. VISIT EXHIBITS

10:00-11:00 a.m. KEYNOTE ADDRESS-
REFLECTIONS ON ATHLETIC TRAINING
William E. "Pinky" Newell
Purdue University,
West Lafayette, Indiana

11:00-1:00 p.m. NATIONAL BUSINESS MEETING

1:00-2:00 p.m. LUNCH

2:00-3:00 p.m. REPLACING THE ACL
William T. Youmans, M.D.,
Team Physician
University of Tennessee,
Knoxville, Tennessee

3:00-3:30 p.m. VISIT EXHIBITS

3:30-4:30 p.m. CLINICAL EVALUATION
OF THE KNEE
A. Brant "Pinky" Lipscomb, M.D.,
Team Physician
Vanderbilt University,
Nashville, Tennessee

4:30-6:00 p.m. DISTRICT MEETINGS
District 1 Belle Meade Room
District 2 Donelson Room
District 3 Cherokee Room
District 4 Memphis A-B
District 5 Volunteer

MONDAY, JUNE 11, 1984

MEMPHIS A-B

8:45-9:30 a.m. DRUGS & ALCOHOL-
DEALING WITH DENIAL
Charlie Jackson, Assistant Director
of Security
National Football League
New York, New York

9:30-10:00 a.m. VISIT EXHIBITS

1:00-2:00 p.m. LUNCH

2:00-3:00 p.m. THIGH INJURIES-
CARE & MANAGEMENT
Jim McGhee, A.T.C., Trainer
University of Louisville,
Louisville, Kentucky

3:00-3:30 p.m. VISIT EXHIBITS

3:30-4:30 p.m. SOFT TISSUE HEALING
David Sisk, M.D., Team Physician
Memphis State University,
Memphis, Tennessee

4:30-6:00 p.m. DISTRICT MEETINGS

TUESDAY, JUNE 12, 1984

RYMAN A

SHOULDER INJURIES-CARE & MANAGEMENT

8:30-9:30 a.m. THROWING MECHANISMS
Lyle A. Norwood, M.D.
Hughston Orthopaedic Clinic,
Columbus, Georgia
9:30-10:00 a.m. VISIT EXHIBITS

10:00-11:00 a.m. THROWING INJURIES
James Andrews, M.D.
Hughston Orthopaedic Clinic,
Columbus, Georgia

11:00-12:00 Noon MANAGEMENT OF THROWING INJURIES
T.A. Blackburn, Jr.,
R.P.T., A.T.C., M.Ed.
Hughston Orthopaedic Clinic,
Columbus, Georgia

12:00-1:00 p.m. LUNCH

1:00-2:00 p.m. ELECTRO-THERAPEUTIC MODALITIES
Jack Redgren, R.P.T., A.T.C.
St. Thomas Hospital,
Nashville, Tennessee

2:00-2:30 p.m. VISIT EXHIBITS

2:30-3:30 p.m. A LOOK AT OURSELVES-ARE WE WORTH OUR "SALT"?
Jerry Rhea, A.T.C., Head Trainer
Atlanta Falcons, Atlanta, Georgia

3:30-4:30 p.m. BULLPEN SESSIONS

Ryman A 25 YEARS WITH "THE BEAR"
Jim Goosetree, A.T.C.,
Head Trainer
University of Alabama,
Tuscaloosa, Alabama

Natchez SPECIAL OLYMPICS-A SPECIAL INVOLVEMENT
John Anderson, A.T.C., Trainer
Louisiana State University,
Baton Rouge, Louisiana

Volunteer MANAGEMENT OF ATHLETE WITH EATING DISORDERS
(Anorexia Nervosa, Bulimia,
Bulimarexia)
Anita Wheeles, A.T.C., Trainer
University of Oklahoma,
Norman, Oklahoma

TUESDAY, JUNE 12, 1984

MEMPHIS A-B

8:30-9:30 a.m. DEALING WITH THE HEAT
Charlie Martin, A.T.C.,
Head Trainer
Northeast Louisiana University
Monroe, Louisiana

9:30-10:00 a.m. VISIT EXHIBITS

10:00-11:00 a.m. OUR WORK ENVIRONMENT
Sherry Bickle, A.T.C., Trainer
University of Florida
Gainesville, Florida

11:00-12:00 Noon EXPERIENCE IN ATHLETIC TRAINING AT THE HIGH SCHOOL LEVEL
Wayne Rideout, A.T.C.
Bryan, Texas

12:00-1:00 p.m. LUNCH

2:00-4:30 p.m. FREE COMMUNICATIONS

2:00 p.m. EFFECTS OF FULL HIP-FLEXION AND 45-DEGREE STRAIGHT LEG RAISING EXERCISE ON RETROPATELLAR PAIN. Debra Rae Wilkins. Mankato State University.

2:15 p.m. A NATIONAL SURVEY EMPLOYMENT OPPORTUNITIES FOR ATHLETE TRAINERS IN THE PUBLIC SCHOOLS. Dr. William Prentice. University of North Carolina-Chapel Hill.

2:30 p.m. THE EFFECT OF DEEP AND SUPERFICIAL HEAT APPLICATION ON ISOKINETIC STRENGTH. Brian E. Hilty. Sports Medicine Center, Trenton, Michigan.

2:45 p.m. REWARING OF THE ANKLE AND FOREARM FOLLOWING 30 MINUTES OF ICE WATER IMMERSION. Dr. Kenneth L. Knight. Indiana State University.
3:00 p.m. A REHABILITATION PROGRAM FOLLOWING FASCIOTOMY FOR CHRONIC COMPARTMENT SYNDROME. Bradley Sherman. University of Wisconsin Hospital & Clinics.

3:15 p.m. THE USE OF EXTERNAL COMPRESSION TO LIMIT AND DISPERSE THE ACCUMULATION OF EDEMA ASSOCIATED WITH ANKLE SPRAINS. Gary B. Wilkerson. Centre College, Danville, Kentucky.

3:30 p.m. THE COMPARATIVE EFFECT ON COMBINING TWO TYPES OF TRAINING THEORIES AND TRAINING APPARATI ON STRENGTH, GIRTH AND RANGE OF MOTION DEVELOPMENT OF CERVICAL SPINE AND SHOULDER ELEVATOR MUSCULATURE. Dr. Burton L. Rogers, Jr., Toledo, Ohio.

3:45 p.m. AN EVALUATION OF THE PROFESSIONAL PREPARATION OF HIGH SCHOOL ATHLETIC TRAINERS IN THE STATE OF NORTH CAROLINA. Kenneth E. Wright. University of North Carolina-Charlottesville.

4:00 p.m. A CONSERVATIVE TREATMENT PROGRAM FOR CHONDROMALCIA PATELLA. Tim Madden Center for Sport Medicine and Fitness, Peoria, Illinois.

4:15 p.m. A REVIEW OF PEAK HAM/QUAD TORQUE RATIO AS A TOOL IN ASSESSING KNEE AND HIP FUNCTION. James R. Foush. San Jose, California.

WEDNESDAY, JUNE 13, 1984

WASHINGTON

9:00-9:30 a.m. ATHLETIC TRAINING IN THE MIDDLE EAST
Glenn J. Meidl, A.T.C.
Bahrain Sports Institute, Arabian Gulf
### N.A.T.A. Inc. Convention

**Opryland Hotel**

#### Monday, June 11

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<th>Time</th>
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<tr>
<td>8:30-8:45</td>
<td>Welcome (Ryman A)</td>
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<tr>
<td>8:45-9:30</td>
<td>It's Their Injury, Not Yours (Ryman A)</td>
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<tr>
<td>9:30-10:00</td>
<td>VISIT EXHIBITS</td>
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<tr>
<td>10:00-11:00</td>
<td>Keynote Address (Ryman A)</td>
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<tr>
<td>11:00-1:00</td>
<td>National Business Meeting (Ryman A)</td>
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<td>1:00-2:00</td>
<td>Lunch</td>
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<td>2:00-3:00</td>
<td>Replacing the ACL (Ryman A)</td>
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<td>3:00-3:30</td>
<td>VISIT EXHIBITS</td>
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<td>3:30-4:30</td>
<td>Clinical Evaluation of Knee (Ryman A)</td>
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<tr>
<td>4:30-6:00</td>
<td>District Meetings</td>
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#### Tuesday, June 12

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<th>Time</th>
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<tbody>
<tr>
<td>8:30-9:30</td>
<td>Throwing Mechanisms (Ryman A)</td>
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<td>9:30-10:00</td>
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<td>10:00-11:00</td>
<td>Throwing Injuries (Ryman A)</td>
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<td>11:00-12:00</td>
<td>Mgmt. of Throwing Injuries (Ryman A)</td>
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<td>12:00-1:00</td>
<td>Lunch</td>
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<td>1:00-2:00</td>
<td>Electro-Therapeutic Modalities (Ryman A)</td>
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<td>2:00-3:00</td>
<td>VISIT EXHIBITS</td>
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<td>3:30-4:30</td>
<td>A Look at Ourselves... (Ryman A)</td>
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<td>5:30-6:30</td>
<td>25 Years with the Bear (Ryman A)</td>
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<td>6:30-7:30</td>
<td>Eating Disorders (Volunteer)</td>
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<td>8:30-9:30</td>
<td>Dealing with Heat (Memphis AB)</td>
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<td>9:30-10:00</td>
<td>VISIT EXHIBITS</td>
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<td>10:00-11:00</td>
<td>Our Work Environment (Memphis AB)</td>
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<td>11:00-12:00</td>
<td>High School Training Experience (Memphis AB)</td>
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<td>12:00-1:00</td>
<td>Lunch</td>
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### Evening

- **AWARDS BANQUET** (Presidential Ballroom)

#### Wednesday, June 13

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<td>9:30-10:30</td>
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Total Expense for today

**ENTERTAINMENT DETAIL**

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## Expenses

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### CONVENTION COMMITTEE

### NASHVILLE COMMITTEE

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<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Dan Campbell</td>
<td>Host Trainer</td>
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<td>Nashville, Tennessee</td>
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<tr>
<td>Jack Redgren</td>
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<td>St. Thomas Hospital</td>
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<td>Nashville, Tennessee</td>
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<tr>
<td>Jerry Rhea</td>
<td>Chairman</td>
<td>District 9 Director</td>
<td>Head Trainer, Atlanta Falcons</td>
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<tr>
<td>Sherry Bickle</td>
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<td>University of Florida Gainesville, Florida</td>
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<td>Middle Tennessee State University Murfreesboro, Tennessee</td>
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<td>Thibodaux, Louisiana</td>
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<tr>
<td>Lew Harris</td>
<td>Public Transportation</td>
<td>Sports Information Director</td>
<td>Vanderbilt University Nashville, Tennessee</td>
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<td>Jayne Campbell</td>
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<td>Spouses’ Program Director</td>
<td>Vanderbilt University Nashville, Tennessee</td>
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### NATIONAL COMMITTEE

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<tr>
<td>Fred Hoover</td>
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The National Athletic Trainers Association, Inc.

President
Bobby Barton
Eastern Kentucky University
Athletic Department
Richmond, Kentucky 40475

Executive Director
Otho Davis
Philadelphia Eagles Veterans Stadium
Philadelphia, Pennsylvania 19148

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Chattanooga, Tennessee 37402

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University of Washington
Seattle, Washington 98195